

PRE-OP TESTING TIME: _____

LOCATION: _____

BEFORE SURGERY INSTRUCTIONS

About your regular medications:

You should take all prescription heart and blood pressure medicines with a sip of water at the usual times (even on the day of surgery) **unless advised differently by hospital preoperative staff.**

Pills for diabetes should not be taken on the day of surgery. If you take insulin, you might need to take a smaller dose – call your family doctor to get insulin instructions.

Blood thinners must be stopped: See below or as directed by your physician:

Coumadin stops 6 days before surgery – ask the doctor if you need a substitute medication in its place.

Plavix stop at least seven days(7 days) before surgery – ask the doctor if you need a substitute medication in its place.

Aspirin stops 7 days before surgery (read the active ingredients in over the counter medicines – “aspirin”, “acetylsalicylic acid”, “salicylate”, and similar words all indicate aspirin and should not be used.) No substitute medicine is used.

Anti-inflammatories stop 2 days before surgery (ibuprofen, naproxen, Motrin, Aleve, Celebrex, Mobic, and others: also called “nonsteroidals” or “NSAIDS”) No substitute medicines is used.

***MAO Inhibitors and some diet pills will need to be held for 14 days prior to surgery, please discuss with our nursing staff**

No eating or drinking anything (including coffee, etc.) after midnight the night before surgery. The only exception is a sip of water for medicines you must take.

Please understand that unexpected emergencies and OR delays occasionally require surgery like yours to be delayed or cancelled/rescheduled. Also follow the surgery staff instructions about arriving early (usually several hours early) since sometimes your case will be moved up.

Notify our office if you become ill (fever, severe cold, etc.) or develop a new medical problem shortly before surgery.

Call our office if anything is unclear to you about your surgery preparations or the surgery itself.
#941-484-3404

VENICE:

842 Sunset Lake Bld., Suite 302
Venice, Florida 34292
(941) 484-3404 • Fax 496-7895

SARASOTA:

5741 Bee Ridge Rd., Suite 320
Sarasota, Florida 34233
(941) 484-3404 • Fax 496-7895

ENGLEWOOD:

779 Medical Dr., Suite 2
Englewood, Florida 34223
(941) 484-3404 • Fax 496-7895